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VOLUME 13 • QUARTER 3 • 2019



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# #1

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\*American Cancer Society





## First Selectwoman's Corner

After a terrific summer of great weather, long days and wonderful community events, it is time to focus on back to school and fall events.

**The Lyme Old Lyme High School Graduation Class of 2019** was on full display at their ceremony on June 13th, celebrating their accomplishments in an outdoor ceremony, despite the threatening weather. Special congratulations to all our graduates as they move on to the next phase of their lives, whether it be the military, college or joining the work force.

Our new fiscal year began on July 1st, and with that, the new trash and recycling collection service began with CWPM. As we indicated, most of the routes and schedules remained the same, with two minor adjustments in Rogers Lake and Point O' Woods. Both neighborhoods had their recycling collection days changed, but signs were conveniently posted at the entrance to each neighborhood, notifying residents of the changes. From all reports, the transition went well, with only a few minor glitches, which were addressed quickly. Residents have expressed their pleasure in weekly recycling, and we hope that this will increase our recycling tonnage (which has no tipping fees at this time), and decrease the trash tonnage, which has tipping fees of \$83/ton. Clearly, increasing our recycling efforts will benefit all of us, and to support the efforts, the Town of Old Lyme has procured vinyl labels that can

be affixed to your GREEN recycling bin. These labels remind everyone that GREEN is for recycling, as well as the items that can be put into the bin. Volunteers have been distributing the labels, affixing them to containers where they can. Once again, a reminder that yard waste, pots/pans, building materials, bulky waste, etc. are NOT ALLOWED in either your blue or green bins. CWPM will not pick up containers with these items in them, and if very heavy materials are put into the bins, the automatic arms on the trucks may be damaged. We appreciate your cooperation in following the rules for trash and recycling collection, which assures that the Town will continue to provide this valued service to our residents.

**The Halls Road Improvements Committee** hosted an Open House on Saturday, June 15th, and another on Saturday, August 3rd. Both events were well attended and provided an opportunity for residents and business owners to stop in, learn about the conceptual plans, and offer their input. The discussions were robust, and provided feedback to the committee, which will be shared **continued on page 3**



Bonnie A. Reemsnyder  
First Selectwoman



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with the public. In addition, Committee members provided information at the Midsummer Festival so people could share their views at that time as well. In addition, the Committee continues to reach out to other Boards and Commissions, such as the Planning Commission, to provide information and solicit feedback from those members. If you are part of an organization that would like the Committee to do a presentation, please reach out to the Selectman's Office with your request. Special thanks to the members of the Halls Road Improvements Committee, who have worked very hard on outreach for our residents. Your time is greatly appreciated!

**Our new beach TAGS are officially a success!** Many residents expressed their appreciation for the flexibility in using tags rather than stickers, which limit the user to a specific vehicle. The tags allow moving it from one vehicle to another, particularly in the case where car seats or bigger cars are needed to provide space for every family member. Please feel free to provide your feedback to us as to your experience with the new system. Thanks to our own Michele Hayes for suggesting this method!

**Once again, we enjoyed our Annual Midsummer Festival,** which took place on July 26 and 27th. The kickoff was the Concert on the Florence Griswold Museum lawn facing the Lieutenant River, and it was well attended and enjoyed by all. The next morning began with the Annual 5K run, walk and kids' fun run at the Lyme Youth Services Bureau, and the full festivities began at 9:00 am, continuing throughout the day with lots of vendors, entertainment, a dog contest, and the Antique Car Show. The weather was excellent and continued to be perfect for the performance of the Old Lyme Town Band in the evening, followed by a most excellent fireworks display! It was wonderful to see our community come out in force to picnic on the back lawn of the Lyme Old Lyme Middle School and enjoy the fireworks.

**This summer, Point o' Woods Beach Association celebrated its 100th Birthday,** with lots of events and celebrations. The entire Board of Selectmen, along with the Chair of the Finance Board, attended their kickoff event on Friday, July 26th. There was a proclamation from the Town, as well as a citation from the State, presented by State Representative Devin Carney, and music provided by the Old Lyme Town Band. They continued their celebration throughout the weekend, with fireworks on July 27th! Happy Birthday Point o' Woods!

**Happy 70th Birthday to the Old Lyme South End Volunteer Ambulance Association,** as well. They celebrated their birthday with a Family Fun Day on Saturday, August 3rd, with lots of kids' fun games, including a large slide, a bounce house, and many other games. There was lots of great food and free ice cream for everyone. The volunteers provide a valuable service **continued on page 4**

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**Selectwoman's Corner... continued from page 3**

to our community through their efforts and we are so lucky to have them in our community. Happy Birthday OLSEVAA! You sure know how to throw a party!

**Welcome to our newest full time Police Officer, Sam Barnes,** who has been promoted to full time to replace Officer William Zipadelli, who recently left the department. Officer Barnes has been employed as a part time officer for the past year, joining us after his retirement from the Old Saybrook Police Department. He joins us with a stellar record of service as a patrol officer and detective and has been quite helpful in covering openings on many occasions. Welcome Officer Sam Barnes! Speaking of Officers, special thanks to Officer Jay Rankin, who successfully apprehended four people who allegedly robbed a woman at the Big Y. His quick thinking upon hearing the report allowed him to track the perpetrators to a gas station in East Haddam and bring them to justice. The woman, who suffered some minor injuries, is okay, and our thanks to Officer Rankin for his rapid response. In addition, I have received communication acknowledging Officer Kevin Roche for his kindness in responding to an elderly resident who was found wandering and confused. The person reporting this was happy to see that he dealt with the gentleman with kindness and compassion, and successfully provided his safe return home. Thank you to all of our officers who provide for our safety on a daily basis! While the stories are too numerous to tell, we

know that they are watching out for us all.

The Community Connectivity Grant Committee (CCGC) has met several times to move forward with the project, which is to install sidewalks on the west side of Hartford Avenue from Bocce Lane to Route 156. As you may recall, the Town of Old Lyme completed a project for sidewalks and other improvements on Hartford Ave. from Bocce Lane to Pond Lane. The grant is for \$400,000 for construction, at 100% of the cost. The committee has sent out a Request for Proposals for the design of the sidewalks and received back several responses. The cost of the design will be at the Town's expense, and the committee will work closely with the firm chosen to do the job. The sidewalks, once installed, will provide added safety to the many pedestrians who are regularly on the road. Thanks again to the members of the committee for their work on this project.

There are several other ongoing projects, such as the replacement of the Mile Creek Road Bridge of the Black Hall River. The construction portion went out to bid and came back with a low bid by Machnik Bros. Construction for \$863,805. Because of bids higher than anticipated, the Town voted to approve an additional allocation of \$328,500 at a Town Meeting held on Aug. 5, 2019. With everything in place, the construction should start in the spring of **continued on page 6**

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## Selectwoman's Corner... continued from page 4

2020, with a time schedule of about 4 months. Mile Creek Road Bridge will be closed for a period of time when the old bridge is removed and new components installed. The Town of Old Lyme was fortunate to qualify for a grant through the State of CT Local Bridge Funding Program, which will pay 50% of the project costs, saving taxpayers over half a million dollars on this project.

The plans for the Hains Park bathrooms are currently being developed, and once finalized, will allow us to go out to bid for the construction. The new bathrooms will be located closer to the road, and the entrance to the bathrooms will face Rogers Lake. This will allow for better visibility and safety, through greatly improved facilities. Unfortunately, due to less than adequate water supply, the project will also include the drilling of a new well.

On August 13th, a referendum for the appropriation and bonding of \$9.5 million to design and construct a sewer system for the Sound View area and Miscellaneous Town Area B (which

encompasses the roads north of Rte. 156 to the railroad tracks, from Cross Lane to Gorton Ave.) was held at Cross Lane Firehouse from 6:00 am to 8:00 pm. The vote tally was 883 in favor to 565 opposed. With this result, the Town of Old Lyme will move forward with next steps on this project which is under Administrative Order from the CT Dept. of Energy and Environmental Protection (DEEP).

As you can see, it has been a busy summer full of great events, important projects and great weather. We look forward to completing these projects as we progress into the fall of 2019.

Best wishes to all our incoming students in Regional District #18! Continue to work hard, and make us proud, as you always do!

On behalf of the Board of Selectmen, I wish you an enjoyable autumn, full of the colors of fall and crisp New England weather.

Bonnie Reemsnyder, First Selectwoman

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# Sewer Referendum Results

The Sound View Sewer Project in Old Lyme passed with 883 “yes” votes to 565 “no.” A total of 1448 residents and/or property owners voted in person or by absentee ballot.

First Selectwoman Bonnie Reemsnyder commented on the vote: “I think the people spoke and it is time to move on to next steps. We made sure that everyone had a chance to vote with a full day of a referendum, absentee ballots available and several public info sessions.”

## Transfer Station Information

### TRANSFER STATION / LANDFILL HOURS

The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers’ vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver’s license and registration.

### The Transfer Station will be closed on the following Holidays:

Thursday, November 28 and Friday, November 29, 2019 for Thanksgiving  
The Transfer Station will be open at 8:30 am on Saturday, November 30, 2019.

**Bulky Waste and Demolition:** Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition Debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

**Brush is charged on a per load basis.** No wood or limbs thicker than four inches are accepted.

**Grass clippings are not allowed** at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

**Electronics are now accepted** at the Transfer Station. Residents can bring the following items to the Transfer Station  
continued on page 8

## COLDWELL BANKER



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## Transfer Station... continued from page 7

on Four Mile River Road: computers (personal computers, mainframes, mid-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos,

speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable,

pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

## Are You Registered to Vote in Old Lyme?

Register anytime in the Town Hall. You can check your voter registration status on the website for Connecticut's Secretary of the State. The deadline for registering to vote in November 5th's Municipal Election is Tuesday, October 29. The Registrars will conduct special registration on October 29 in the Town Hall from 9:00 am to 8:00 pm. All voter registration questions should be directed to the Registrars of Voters.

## Municipal Election

The Town of Old Lyme will hold its Municipal Election on November 5, 2019 to cast votes for First Selectman, Selectman, Town Treasurer, Tax Collector, Board of Finance members and alternates, Board of Assessment Appeals, Planning Commission, Zoning Commission, Zoning Board of Appeals members and alternates, and Regional District 18 Board of Education.

Voting will take place at Cross Lane Firehouse located at 14 Cross Lane, Old Lyme, CT. Optical scan machines will be used. Voter must present identification. The polls will be open from 6:00 am

to 8:00 pm. Absentee ballots will be available through the Town Clerk beginning Friday, October 4.

The deadline for registering to vote in the Municipal Election is Tuesday, October 29. The Registrars will conduct special registration on that day in the Town Hall from 9:00 am to 8:00 pm.

All voter registration questions should be directed to the Registrars of Voters. All absentee ballot questions should be directed to the Town Clerk.



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## Tax Assessment

The 2019 Revaluation of all property will continue through the fall. The Town of Old Lyme has contracted with Vision Government Solutions Inc to conduct the State-mandated revaluation. This is statistical revaluation and the Vision team will be conducting field reviews but will not be inspecting all properties.

Notices will be mailed to Old Lyme property owners in November of 2019 informing them of their new proposed assessments. If you do not receive notice by December 31, please contact the Assessor's Office.

Owners wishing to meet with Vision appraisal employees to discuss or review their new assessments will be able to schedule hearings after new assessment notices are received.

### THE ASSESSOR'S OFFICE WOULD LIKE TO INFORM RESIDENTS OF THE FOLLOWING DEADLINES:

**All forms and proofs** unless noted must be filed by October 1, 2019 in the Assessor's Office located at 52 Lyme St, Old Lyme CT 06371. Our office hours are Monday - Friday 9:00 am - 4:00 pm.

**Assessment Date of Taxable Property** for the Town of Old Lyme is October 1st of each calendar year.

Per Section 12-41 of the Connecticut General Statutes owners of tangible **Personal Property, other than registered motor vehicles**, such as commercial furniture, machinery and equipment, leased equipment, unregistered motor vehicles, camp trailers, etc., are required to file a personal property list with the Assessor. Declarations are required to be filed annually during the month of October. Failure to file prior to November 1, 2019 forces the Assessor, by law, to file the list and add a 25% Penalty (Sec. 12-42, PA 87-245.)

**Totally Disabled Persons** are entitled to an exemption if they meet the requirements of Section 12-81(55) of the General Statutes, Please contact our office for acceptable forms of proof.

**Any individual who is blind** is entitled to an exemption under Section 12-81(17) and shall provide proof to the Assessor.

**Veterans** must have filed a DD214 in the Town Clerk's office by September 30, 2019 in order to receive any of the applicable exemptions under Section 12-81. Disabled Veterans are eligible for an exemption in addition to the regular exemption with the filing of a disability rating from the Veterans Administration. Sec 12-81(g) provides for an increase in the property tax exemption amount granted to a qualified veteran if certain income requirements are met applications must be filed with the Assessor's Office no later than October 1.

Under the **Federal Service Member Civil Relief Act** persons on active duty must present to the Assessor a current earning and leave statement or a letter from their Commanding Officer along with a yearly application for exemption. Any Servicemen on active duty claiming Connecticut as their legal residence must file prior to Dec 31st.

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Property owners interested in claiming land as Farm, Forest or Open Space should file an application between October 1, 2019 - December 31, 2019. No extension of this filing period is available, failure to file within the prescribed time is a waiver of the right to the classification for the assessment year commencing October 1st. If you have recently purchased a property and do not know if this applies to you please contact our office to review.

Contact us at: 860-434-1605 x218 & 219 or [assessor@oldlyme-ct.gov](mailto:assessor@oldlyme-ct.gov) for any questions you may have.

Melinda R. Kronfeld, CCMA II, Assessor

## Reporting Streetlight Outages / Problems

### HOW TO REPORT STREETLIGHT PROBLEMS

When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to the following link: <http://tankolighting.com/oldlyme-maintenance/>.

The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!

To report street light emergencies please call: 800-509-9358. An operator will dispatch an emergency responder to make the area safe.



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<p><b>1 Sill Lane, Old Lyme</b> One of Connecticut's Historic Houses Offered at \$995,000</p>	<p><b>159 Ferry Road, Lyme</b> Samuel Brooks 1820 home with River Views Offered at \$369,000</p>	<p><b>56 Sill Lane, Old Lyme</b> Bright &amp; Sunfilled, close to Old Lyme Village Offered at \$385,000</p>

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**Town Clerk's Office**

Vicki Urbowicz, Town Clerk  
 Courtney C. Joy, Assistant Town Clerk

**Congratulations!**

We congratulate the following on their recent marriages:

**April**

Jose L. Cajamarca & Greicy M. Martinez  
 Alexander Christopher Bozenhard & Taylor Jo Ballek  
 Richard Lino Baldoni, Jr. & Alexis A. Yusov  
 George Bowen Cook, Jr. & Kayla Brittany McGlew  
 David Alexander Humeston & Hannah Joy Collins

**May**

Max Tyler Rarrick & Anne Jacqueline Blackie  
 Steven Michael Avery & Lynda Sue Bolat  
 Ryan Jacob Keller & Mary Elizabeth Gionfriddo  
 Joseph A'Kos Horvath & Natalie Marie Green  
 Trevor Aron Turgeon & Catherine Mary Hines  
 Corey Joseph Morelli & Andrea Stevens Kelly  
 John Bryan Bunn & Leslie Ann Bilello  
 Michael Ryan LaFleur & Stephanie Marie Kimball

**June**

Eric Charles Wade & Gretchen Emily Wortman  
 Zachary Richard Lavender & Caitlin Lee Campbell  
 Hans Michael Schaefer & Heide Bruegmann  
 David Charles Williams & Kaylee Lynne Fontanella  
 Christopher Michael Ostby & Jennifer Marie Jones  
 John Mooney Cagianello & Sonia Cristina Alves  
 Benjamin Tyler Franke & Lindsey Elizabeth Adams  
 Ryan William Amspacher & Melissa Catherine Sanders  
 Thomas Logan Livingston & Meredith Lacey Spratt  
 David Michael Parrish, II & Samantha Irene Bean  
 Michael Joseph Foley & Martha Jane Whittle  
 Lucas Christian Petersen & Gina Marie Trovato  
 Evan David Gross & Danielle Genevieve Caisse  
 Casey Paul McCarthy & Eliisa Letourneau Savage  
 Ryan Thomas Culley & Carrie Elizabeth Farago

**With Sympathy**

We would like to express our condolences to the families of recently deceased Old Lyme residents:

**March**

James Raymond Howe      David Roy Ornberg  
 Ronald Meredith Smith

**April**

Ann Marie Tyler      Barbara S. Traskos  
 Mark A. Tyler      James F. Ward, Sr.  
 Irving Charles LaMay      Barbara Ford Wernick  
 George Griggs, III  
 Elizabeth K. Sullivan



## Help us to help you in an emergency

Old Lyme Emergency Management / Special Needs is performing an annual update to its Special Needs database. If you, or someone you know, is electrically dependent or would need medical or other assistance during an emergency, such as a hurricane, blizzard, or Millstone emergency, please call: 860-598-0155. This is a voicemail set up specifically for special needs messaging.

When you leave a voicemail, please leave your name and phone number. Please do not leave any further personal information - when a special needs team member calls you back, we will discuss your specific needs.

**Please note:** if you do not leave a voicemail we will not know you've called. Even if you believe you are already on our list,

please call and ensure your information is correct and up to date. We'd love to speak with you!

Carrie McCarthy,  
BS, RN, EMT

**IN AN EMERGENCY ALWAYS DIAL 911.**

**P.S.** Make sure you have enrolled in Old Lyme Alerts to receive text messages, phone calls or emails - your choice, at number(s) you provide - about emergencies that may affect your property. Fill out a green Old Lyme Alert postcard at the Town Hall or enroll online via the Emergency Management page on the Town website at: [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov).

Albert L. Jeffers	Paul Howard Nelson	<b>June</b>
Mary A. Kirkland	Patricia W. Gilman	Neil Lewis Feinberg
	Joan Sasha Finn	Frederick F. Cavanaugh
<b>May</b>	Benjamin Lester	Patricia Irene Angus
James G. Keenan	Jones, Jr.	Robert Alan Martin
Ettore J. Avena	Dr. Russell A. Giordano	Lawrence Merle Merrill, Sr.

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**Old Lyme Municipal Departments**

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Chris Kerr	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Parks and Recreation	Don Bugbee	434-1605 x235
Police		434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marilyn Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement		434-1605 x225
	<b>OTHER AGENCIES</b>	
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

# Mosquitos

*“Committee of three formed to examine survey on mosquitos and confer with Saybrook committee to formulate plans for future action.”*

The date of the above note found in an old file. 1915

## OVER A CENTURY LATER, OUR COMMUNITY IS STILL DEALING WITH MOSQUITOS AS INDICATED BELOW

The Town of Old Lyme is a unique shoreline community with a long history of mosquito control. For over 100 years, as documented by The Connecticut Agricultural Experiment Station, the Town’s salt marsh wetlands have undergone efforts to control mosquitoes.

The Town of Old Lyme’s mosquito control contractor, Innovative Mosquito Management, Inc., utilizes a program of environmentally compatible, economically feasible and socially acceptable, cultural, biological, and chemical procedures to effectively reduce mosquito populations in the Town.

Treatment strategies emphasize an aggressive use of proven methods for source reduction, site inspections, surveillance, monitoring surveys, landing counts, larviciding and, when necessary, the judicious use of adulticiding products. The result is a dramatic reduction in the development of adult mosquito populations without impacting non-target organisms.

## Old Lyme - Community Listings

### USEFUL NUMBERS

CAMP CLAIRE .....	(860) 434-0368
CONSUMER PROTECTION .....	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU .....	(860) 434-7208
SENIOR CENTER.....	(860) 434-1605 x240
OLD LYME VISITING NURSE .....	(860) 434-7808
OLD LYME HISTORICAL SOCIETY .....	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB .....	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE .....	(860) 434-2271
REPUBLICAN TOWN COMMITTEE.....	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS –	
LYMES' POST 1467 .....	(860) 434-4207
AMERICAN LEGION – POST 41.....	(860) 664-0047

### SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL .....	(860) 434-7838
MIDDLE SCHOOL .....	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL.....	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON).....	(860) 437-7775

### COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS.....	(860) 434-5232
--	----------------

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| <input checked="" type="checkbox"/> Smoke / CO Detectors | <input checked="" type="checkbox"/> Marine Wiring      |



Regular monitoring of mosquito populations in both the larval and adult stages provides the data necessary to support treatment decisions and evaluate program results. The Town's contractor monitors, inspects and treats over 1200 acres of known mosquito breeding habitat, with an emphasis on salt marsh mosquito populations. Catch basins and storm drains are also monitored and treated throughout the Town.

Larviciding is very effective for managing mosquito populations because mosquito larvae are concentrated in relatively small, well-defined, aquatic habitats. When larvae are detected, the Town's wetlands are treated using bio-rationales, a non-chemical approach, which significantly reduces emerging adult populations. This work is performed in the Town's wetlands on a regular schedule from mid-April to mid-September.

When there are hatches of mosquitoes and adult populations reach severe levels, adulticide spray treatment may be used in locations

that are adjacent to breeding habitats to create a barrier that stops mosquitoes from traveling to take blood meals and returning to the wetlands to deposit their eggs. Adulticiding provides an immediate but short-term reduction in adult mosquito populations and is used as a last resort when nuisance levels are extreme.

Residents can assist in the prevention and reduction of breeding sites on their property by eliminating standing water where mosquitoes lay their eggs, i.e., emptying water holding containers, cleaning clogged gutters, replacing birdbath water on a weekly basis, aerating ornamental pools, turning over wheelbarrows and wading pools, etc., when not in use.

**The Town does not have the resources to spray private property.** If you feel your yard needs treatment for mosquitoes, contact a mosquito control company licensed by the State of Connecticut to perform this work.

## How Often Are We Required to Pump Our Septic Systems?

The Town's Ordinance requires septic systems to be pumped at least once every 7 years. Septic haulers file records with the Town about systems pumped/inspected. If you are unsure when your system was last pumped, please call the Town to inquire.

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## Lyme-Old Lyme Schools Marketing Initiative Demonstrates Success in First Three Years

In the fall of 2016, the Lyme-Old Lyme Schools began a targeted marketing campaign to address a decline in student enrollment. We can say with great pride that this effort has achieved significant results. The goals of this marketing initiative focused on the retention of our current students, the recruitment of students who currently attend private or magnet schools, and the recruitment of students who either live in other local towns but wish to attend our schools on a tuition basis or families who may be considering moving to the Connecticut shoreline. We also found additional benefits from this publicity that helped recruit talented faculty and staff, and boosted our reputation in the surrounding area.



“The objective of the marketing initiative underway at Lyme-Old Lyme Schools is to retain and increase the number of students enrolled in the District.”

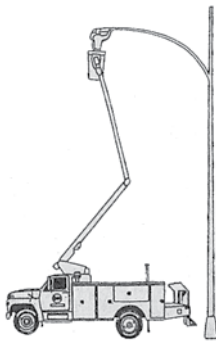
At the June 2019 Board of Education meeting, Superintendent Neviaser reported that 1308 students were enrolled in the district, nine of whom were tuition-paying students from other towns. This is only four students fewer than the number Neviaser reported in June 2018 when there were 1312 students



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enrolled, seven of whom were tuition-paying students. While technically this is still a slight decline, it demonstrates a significant change from where the district was prior to the introduction of the marketing program. For many years, the district was losing 30-40 students per year. This is no longer the case.

This positive shift in enrollment, combined with numerous other awards and recognitions, solidifies the notion that the Lyme-Old Lyme Schools provide exceptional academic programs commensurate and oftentimes superior to both public and private schools throughout Connecticut.

The efforts and monies put toward this initiative are paying dividends, allowing Lyme-Old Lyme Schools to continue to offer a private school experience in a public school setting.

If you have any questions about Lyme-Old Lyme Schools, please contact Superintendent Ian Neviasser at: 860-434-7238, ext. 3603 or visit: [www.Region18.org](http://www.Region18.org).

## Cappella Cantorum's 50th Anniversary to feature Bach's 'Christmas Oratorio' in December

Late registration and rehearsal scheduled for September 16, 2019

Cappella Cantorum Masterworks Chorus begins its 50th anniversary year.

Its winter concert will feature Parts I and II of Bach's "Christmas Oratorio" and will be performed Dec. 15 with professional soloists and orchestra. Simon Holt of the Salt Marsh Opera and First Congregational Church of Old Lyme will direct.

Registration began September 9 and late registration is Monday, Sept. 16, 7:00 pm at John Winthrop Middle School, 1 Winthrop Road, Deep River. Please use the rear entrance. All singers are welcome; auditions are not required. For more information or to register, visit: [www.CappellaCantorum.org](http://www.CappellaCantorum.org) or call: 860-739-3194.

### Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED  
ON THE FOLLOWING HOLIDAYS IN 2019:

Monday, October 14 - Columbus Day	Thursday, November 28 and Friday, November 29 - Thanksgiving	Wednesday, December 25 - Christmas
Monday, November 11 - Veterans Day		Wednesday, January 1, 2020 - New Year's Day

**Hours for most departments:**  
Monday through Friday, 9:00 am - 4:00 pm.



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## Phoebe Griffin Noyes Old Lyme Library

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860-434-1684  
oldlymelibrary.org

The Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive storytimes for babies and toddlers to hand-delivering novels to home-bound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

Renovations to the Library building and grounds will begin this fall. While we plan to remain open during the renovation, we do anticipate some disruption to library services. Please consult the Library's website for events as we confirm the construction schedule.

### Phoebe's BookCellar

The BookCellar is a highly successful used book store - Old Lyme's only bookstore - managed by the volunteer Friends of the Library.

Beginning this fall, the BookCellar will be temporarily relocated to 44 Lyme Street (across the street from the Library.) Please direct all donations to the temporary space during this time. For complete details, including hours of operation, please visit the Library's website.

In the meantime, we welcome you to drop by the Library lobby to browse the ongoing sale of books located near the Circulation Desk. We look forward to welcoming you to the new and improved BookCellar in January 2020.

Every dollar earned at the BookCellar goes directly to support the Library's programs, collections and equipment.

### Children

#### VICTORIAN TEA PARTY FOR CHILDREN

**Wednesday, September 18, 2019, 5:00 - 6:00 pm**

This children's tea program consists of a brief presentation on the history of tea and Victorian tea etiquette, making non-caffeinated tea blends using various herbs and flowers, and making fascinators or tea hats. The program is appropriate for ages 8 and up. Registration is required as space is limited for this free program. Presented by the Kellogg Environmental Center of the Osbourne Homestead Museum in Derby, CT.

### Teens

#### SAT WORKSHOP WITH FIRST CHOICE COLLEGE

**Thursday, September 19, 2019, 6:00 pm - 8:30 pm**

James Maroney of First Choice College Placement will be offering

an SAT workshop described as a "boot camp field guide" and a "section by section general strategies course." First Choice College Placement will also offer an optional practice SAT test on Saturday, September 21. Registration required.

#### SAT WORKSHOP WITH FIRST CHOICE COLLEGE PLACEMENT

**Saturday, September 21, 2019, 9:15 am - 12:15 pm**

First Choice College Placement is offering a complete practice SAT test, including grading and skill analysis. Limited to 15; attendance at the previous SAT Workshop is not required. Registration required.

#### TO BE READ BOOK CLUB

**Wednesday, September 25, 2019, 6:00 - 7:00 pm**

Looking for the next hot read? Something so new it's not yet on the shelves? At TBR, Kathy showcases the most exciting books coming out in the next few months. You'll even get to take home exclusive and free copies of these fresh reads! For readers in grade 8 and above; registration requested.

### Adults

#### PHOEBE'S MORNING BOOK CHAT

**2nd Thursday of the month at 11:15 am**

- Sept 12 (Thurs) The Murder of Roger Ackroyd by Agatha Christie
- Oct 10 (Thurs) The Library Book by Susan Orlean
- Nov 14 (Thurs) Washington Black by Esi Edugyan

#### LIBRARY EVENING BOOK DISCUSSIONS

**with Marsha Bansavage at 7:00 pm**

- Oct 1 (Tues) There, There by Tommy Orange
- Nov 4 (Mon) Educated by Tara Westover
- Dec 2 (Mon) The Sadness of Beautiful Things by Simon Van Booy



# Open Space Commission

On May 20th at a town meeting, the purchase of the McCulloch Farm for open space was approved, via the town's existing Open Space acquisition fund, with no budget appropriation, debt or other expense to taxpayers.

The farm, established in 1929, is considered one of Old Lyme's signature properties and has long been a key priority for open space acquisition.

The roughly 300 acres are ecologically important as part of the upper watershed of the Black Hall River, a tributary of the Connecticut River. The farm also offers linkage to the town's Ames Open Space and to the adjacent Lay Preserve owned by the Old Lyme Land Trust, creating a large naturally significant greenway and forest, akin to Old Saybrook's "Preserve." The new open space also significantly furthers the goal of a cross-town trail system.

The acquisition is expected to close in the 3rd quarter of this year. The Open Space Commission plans to establish three public trails with the Old Lyme Land Trust's assistance, and will explore other potential public uses consistent with preserving the property's natural state.

# Woman's Exchange



Tucked away in a quiet corner of Old Lyme is a small unique gift shop known as the Lyme Tree Woman's Exchange. This small but mighty shop is an artisan's paradise!

Once you open the door, it is like you are in a wonderful place where art and hand-crafted goods are beckoning you to discover what makes us a perfect destination for beautiful gifts and the uniqueness of this little gem! This shop is an all-volunteer run, non-profit endeavor that operates under the umbrella of the National Federation of Woman's Exchanges found throughout the USA.

continued on page 20

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<b>Future Stars (ages 7-9)</b> Tue. & Thu., 4-5pm	<b>Tournament Tough (ages 13-15)</b> Mon. & Wed., 4-5:15pm
<b>Team Connecticut</b> Mon. & Wed., 5:15-6:30pm For competitive junior players	<b>High School</b> Boys- Fri., Please call Girls- Sat., Please call
<b>Junior High Performance</b> Tue. & Thu., 5-6:30pm	<b>Junior Point Play Drill</b> Thurs. 5-6:30pm

**Adult Programs**  
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<b>Strength &amp; Balance</b> M/F, 10am, W/ 8am	<b>Adv. Beginner Tennis Drills</b> Tue., 9-11am
<b>Stability Ball</b> Mon, 8am	<b>Poin Play Drills</b> Tues/Thurs/Sat -Please Call
<b>Circuit Training</b> Wed, 10am Fri/Sun, 8am	<b>NTRP Tennis Drills</b> Sat., 10:30am-12pm, All levels
<b>Cardio &amp; Strength</b> Fri., 8am	<b>Drop-in Pickleball</b> Mon. & Thurs., 12:30-3:30pm Beginners Welcome

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08/14/18

## Woman's Exchange... continued from page 19

### ARTISAN & CRAFTER MERCHANDISE

The Lyme Tree displays and sells merchandise made by carefully selected artisan and crafters. Any profits are donated to organizations that help enhance the quality of life for those in need in Old Lyme and surrounding communities.

### WOMAN'S DEPOSITORY

Having started as a Woman's Depository dating back pre-civil war, the many depositories around the country have morphed into what we now know as the Woman's Exchanges. In the beginning when people had no way to pay for needed items, women brought gifts

from their homes and traded them for items that they might have needed but could not purchase.

Giving back to the community has always been a proud tradition for all the volunteers that happily give their time and effort to maintain and support the mission of community service. The Lyme Tree is located at: 86 Halls Rd, Old Lyme, CT.

### VOLUNTEERS ARE ALWAYS WARMLY WELCOMED

If you want to experience the feelings of purpose and achievement, please call us at: 860-434-7290.

## Town of Old Lyme Social Services Department

### OFFICE RELOCATION

The Social Services office in the Town Hall has been moved, and is now located on the first floor, next to the Tax Collector's Office.

### General office hours are:

Mondays 9:00 am - 1:00 pm,  
Wednesdays 12:00 pm - 4:00 pm, and  
Fridays 9:00 am - 1:00 pm, or by  
appointment.

### HEATING ASSISTANCE

Applications are currently being accepted for the Connecticut Energy Assistance Program (CEAP) which may help income eligible households in paying for their heating costs during the winter months.

Households are determined eligible based on state income and asset guidelines. Contact the office to schedule an appointment.

OL Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

### RENTERS REBATE

The deadline to apply for Renters Rebate is October 1st. State law provides a reimburse-



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**FOOD RESOURCES IN OLD LYME**

• **Shoreline Soup Kitchen and Pantries:**  
Old Lyme's meal site is at the First Congregational Church on Saturdays from 9:00 - 10:00 am. The weekly pantry is at the same location, Saturday from 9:00 am - 11:00 am. Residents may also participate at the other shoreline sites - go to: [www.shorelinesoupkitchens.org](http://www.shorelinesoupkitchens.org) for details.

- **Meals on Wheels:**  
Through the Estuary Council in Old Saybrook. Call: 860-388-1611 ext. 217. For homebound seniors age 60 or over.
- **CT Food Bank Truck / Mobile Pantry:**  
4th Thursday of the month from 1:30 - 2:30 pm at Grace Episcopal Church in Old Saybrook (open to Old Lyme residents.)
- **SNAP (Supplemental Nutrition Assistance Program):**  
Paper applications are available in the Social Services office in the Town Hall. Assistance for applications and redeterminations is available through End Hunger CT. Call 1-866-974-7627, or go to: [ctsnap.org](http://ctsnap.org).

- **Food closets**  
Small collections of food located at both the Lymes' Senior Center and in the Social Services office at the Town Hall.

Old Lyme Social Services offers help with information & referrals, paperwork and documentation processing for many of the state and federal programs available to residents. We work together with LYSB for the holiday giving program and Warm the Children.

**For more information, or the schedule an appointment, please contact:** Jennifer Datum, Social Services Coordinator 860-434-1605, ext. 228 or email: [socialservices@oldlyme-ct.gov](mailto:socialservices@oldlyme-ct.gov).

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## What You Need to Know: Endometrial Cancer

Endometrial cancer, the most common cancer of the female reproductive system, begins in the lining of the uterus.

Symptoms include post-menopausal bleeding, abnormal vaginal bleeding and abdominal pain. Risk factors include being obese, the long-term use of estrogen therapy, never having given birth and post-menopausal age.

Like with any cancer, early detection is important. If you experience any symptoms of endometrial cancer, you should speak to your physician. There are several different ways they can test for this type of cancer.

One such test is a pelvic exam, which is a physical examination of the external and internal female pelvic organs. A hysteroscopy examines the cervix and the inside of the uterus, and a pelvic ultrasound scans the organs and structures of the pelvis. There's also a biopsy, which examines tissues for abnormal and cancerous cells; the CT scan, which provides detailed images of the inside of your abdomen and pelvis; and a PET scan, which scans the entire body to determine if cancer has spread elsewhere in the body.

Middlesex Health Cancer Center takes a multidisciplinary approach to endometrial cancer care. Medical providers meet regularly to plan and discuss treatment to ensure that physical, emotional and spiritual needs are all being met. Treatment for endometrial cancer can include surgery, chemotherapy or radiation therapy.

For more information, visit [middlesexhealth.org/women](http://middlesexhealth.org/women).

## The Old Lyme Visiting Nurse Association, Inc.

Established in 1922, the Old Lyme Visiting Nurse Association, Inc. offers a variety of health services to local residents:

- Our Town Nurse, Karen Veselka, RN, holds office hours at the Lymes' Senior Center each Monday to Friday, from 11:00 am to 1:00 pm. These visits are free and no appointment is necessary.
- Karen also provides free house calls to residents who require assessment at home, and she works with the Visiting Nurse Association of Southeastern Connecticut to coordinate a full range of skilled care.
- In the spring we hold a blood pressure clinic at Lyme-Old Lyme High School.
- In the fall we hold a Flu and Wellness Clinic for residents at the Lymes' Senior Center. Medical professionals at this event provide free flu shots, blood pressure checks, nurse consultations and a variety of medical screenings. The 2019 Flu and Wellness Clinic will be held Saturday, October 19th.

The OLVNA Board of Directors and Associates are all volunteers and we welcome your participation and ideas! From September to June, we meet on the second Monday of each month at Town Hall at 1:00 pm. If you're interested in learning more, we hope you'll get in touch with us at: 860-434-1222 or at: [oldlymevna@gmail.com](mailto:oldlymevna@gmail.com). Or come to our Annual Meeting of the Board on Monday, September 9, 1:00 pm at the Town Hall.

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# Legislation for Our First Responders



This past legislative session, there were several bills I co-sponsored that assist our brave first responders.

**AN ACT Including Certain Mental or Emotional Impairments within the Definition of "Personal Injury" Under the Workers' Compensation Statutes.**

This bill allows police officers, parole officers, and firefighters to receive certain workers' compensation benefits for post-traumatic stress disorder caused by their participation in certain qualifying events. Such events include seeing, while in the line of duty, a deceased minor, someone's death, or a traumatic physical injury that results in the loss of a vital body part. This changes current law, which generally doesn't provide workers' compensation benefits for an employee's mental or emotional injury unless it arises from the employee's physical injury or occupational disease. It is my hope that, next year, ambulance service providers and paramedics will be added and will also be able to receive workers' compensation benefits for PTSD.

**AN ACT Concerning Additional Compensation for Certain Retired Public Safety Employees.**

This bill authorizes municipalities to compensate, by a two-thirds vote of their legislative bodies (board of selectmen,) certain disabled public safety employees who were severely injured in the line of duty and retired from service as a result of their injuries. This resulted from a police officer who was accidentally shot and severely disabled during a training exercise.

**AN ACT Increasing the Property Tax Abatement for Certain First Responders.**

This bill increases the maximum property tax abatement municipalities may, by ordinance, provide to certain active and retired volunteer emergency personnel from \$1,000 to \$1,500 for FYs 20-21, and from \$1,500 to \$2,000 for FY 22 and thereafter.

As always, please let me know if you have any questions about these or any other bills by contacting me at: [devin.carney@housegop.ct.gov](mailto:devin.carney@housegop.ct.gov) or 860-240-8700.

Devin Carney, State Representative

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# High Hopes Therapeutic Riding 9th Annual Holiday Market

High Hopes Holiday Market is one of the Connecticut Shoreline's most anticipated holiday events, attracting over 3,000 visitors each year to our beautiful 120-acre farm. The Market's mix of local artisans and the best food trucks in CT will be enhanced again this year by a Food and Wine tasting tent. Another highlight of The Market is the drawing of the winning ticket for a brand new car. There will also be an Apple Pie competition for those competitive bakers amongst you!

As we enter our 46th year, High Hopes takes pride in giving back where we can. In 2018, visitors to the Holiday Market "paid" for their entry with over 2,800 lbs of non-perishable food items for The Shoreline Soup Kitchen and Pantries; their biggest one-day collection ever and just in time for Thanksgiving. This will be the same for 2019.

For High Hopes, this is our major "friend-raiser" of the year. Our volunteer corps comprises over 650 people, and between them, they donate over 28,500 hours a year. But each year there is turnover, as people move out of town, for work, to retire, or for college. The Market provides an opportunity for High Hopes to open its gates, and welcome the community to learn about the farm.

The High Hopes Holiday Market takes place between 11:00 am and

4:00 pm, on Sunday, November 17, 2019, at 36 Town Woods Road, Old Lyme, CT 06371. For more information visit our website at: [highhopestr.org](http://highhopestr.org).

## SEEKING VOLUNTEERS (FREE TRAINING)

High Hopes' volunteers are involved in all aspects of our operations. In fact, did you know that over 97% of our "workforce" is volunteer? Every day they help bring our mission to life and enable over 240 participants each week to take part in Equine Assisted Activities and Therapies. Our participants have a range of disabilities - physical, cognitive, and emotional - and benefit from riding, carriage driving, and equine-assisted learning programs.

Volunteers support our participants by sidewalking or horse leading, often partnering with the same participant for a semester, sometimes for many years. They help in the barn grooming, tacking, and preparing for class. Some of our volunteers help feed and look after our exceptional herd of 25 therapy horses, spending an hour or two a week at our beautiful farm. Others help for a few days, or a few weeks, at different times of the year, to suit their availability. Our volunteers range in age from 14 to over 80!

If you are interested in joining a vibrant community where horses and humans work together to improve lives, register for a free orientation, and sidewalker training workshops. Training



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takes place from 4:00 to 7:00 pm at High Hopes Therapeutic Riding, Inc., 36 Town Woods Road, Old Lyme, CT 06371 on the following dates: September 11, 2019, September 18, 2019, October 3, 2019, November 6, 2019 and December 5, 2019. You can register online at: [www.highhopestr.org/volunteer](http://www.highhopestr.org/volunteer).



Left, volunteers assisting rider. Photograph courtesy of Michael Fanelli Photography.

## Annual Harvest Festival is Family-Friendly Fun

The family-friendly Harvest Festival at Christ the King Church in Old Lyme returns this year on Saturday, September 21 from 8:30 am to 3:00 pm.

At the Harvest Festival you can look for bargains at the King's Rummage Sale. Then, let the kids entertain themselves with the Games and Crafts - Soccer Kick, Hockey Shot, Bowling, Paint-a-Pumpkin, face painting, and more - while you visit the Silent

Auction to bid on exciting items like artwork, gift certificates, and themed baskets. Local musicians will provide entertainment for you to enjoy while you have lunch or snacks prepared by the Men's Club. You can pick out a tasty treat at the Bake Sale to take home - but don't leave before stopping at the Fall Plants & Produce stand to choose some mums or ornamentals for your front porch!

Admission to Christ the King's Harvest

Festival is free! Proceeds will be directed towards the cost of refinishing the hardwood floors in the church. The Harvest Festival takes place at Christ the King Church, 1 McCurdy Road, Old Lyme, on Saturday September 21, 2019, from 8:30 am to 3:00 pm. Visit: [www.christthekingchurch.net](http://www.christthekingchurch.net) or call 860-434-1669 for more information (including to donate items.) And follow us on Facebook: @ChristtheKingChurchOldLyme for regular updates!

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# Lymes' Senior Center

Membership is now open to seniors 55 Years Young & Better  
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**We are now on Facebook listed as Lymes Senior Center. Follow and like us to keep up to date on upcoming events!**

Call 860-434-4127 to register or for more information on becoming a member.

Visit southeastern Connecticut senior center website for upcoming events at: <http://seniorcenterct.org>.

## Upcoming Classes - To Sign Up Call: 860-434-4127

MUST BE A MEMBER TO SIGN UP - ALL CLASSES MEET ONCE A WEEK

CLASS	DATE OF FIRST CLASS & TIME / DURATION	COST
Sit n Be Fit (TUES)	Drop in & ongoing Tuesdays at 10:00 am	FREE
Lo Impact Dance Fitness Class (FRI)	Drop in & ongoing Fridays at 10:30 am	\$5.00 a class
Ballet at the Barre (TUES)	*September 3rd at 9:15 am / 6 Week Session	\$30.00
Fitness Fusion (Tues)	*September 3rd at 5:00 pm / 7 Week Session	\$35.00
Creative Writing and Poetry (TUES)	*September 3rd at 1:00 pm / 6 Weeks Session	FREE
Yoga Fundamentals & Meditation (WED)	*September 4th at 4:00 pm / 5 Week Session	\$30.00
30/30 Cardio Fusion/ Stretch (THURS)	*September 5th at 5:00 pm / 6 Week Session	\$30.00
Latin/Ballroom Line Dancing (FRI)	*September 6th at 1:00 pm / 6 Week Session	(\$35.00 - \$40.00)
Drawing and Color (MON)	*Sept. 9th from 10:00 am - 12:00 pm / 6 Week Session	\$40.00
Internet Safety (Mon)	*September 9th at 1:00 pm SUR	Free
Watercolor Plus... (TUES)	September 10th from 10:00 am - 12:00 pm / 6 Weeks	\$40.00
Beginner Tap Class (THURS)	September 12th at 10:00 am / 6 Weeks	\$24.00
Intermediate Tap Class (THURS)	September 12th at 10:45 am / 6 Weeks	\$24.00
Beg. Country Line Dancing (FRI)	September 13th at 2:30 pm / 6 Week Session	FREE
Exercise with Kathy (MON)	RESUMES SEPT. 16th Mondays	\$5.00 a class
Exercise with Kathy (WED)	RESUMES SEPT. 16th Wednesdays	\$5.00 a class
Not Your Nana's Bag - Crocheting Basket Class	October 17th & 24th from 1:00 - 2:30 pm	\$30.00 (Includes materials)
Gentle Vinyasa Flow Yoga (MON)	October 28th at 8:15 am / 6 Week Session	\$30.00
Gentle Vinyasa Flow Yoga (THURS)	October 31st at 8:15 am / 6 Week Session	\$30.00
Chinese Brush Painting Class (FRI)	December 6th & 12th 1:00 - 3:00 pm	\$25.00 (Includes materials)
UPCOMING AMERICAN HISTORY LECTURE SERIES with Jared Day, PHD		
America's First Citizen: Ben Franklin & His Time	Friday, October 4th at 1:00 pm	FREE
Inventing the Presidency: Washington, Adams, Jefferson	Friday, November 1st at 1:00 pm	FREE
UPCOMING CURRENT EVENTS LECTURE SERIES with Jared Day, PHD		
China: The Next Superpower	Friday, September 13th at 1:00 pm	FREE
Immigration in International Perspective	Friday, October 11th at 1:00 pm	FREE
Perspectives on Africa: Past and Present	Friday, November 8th at 1:00 pm	FREE

\*Classes have begun. Call or check website for more information.

The following are already scheduled free special events / lectures (unless noted otherwise) that will take place at the Lymes' Senior Center from September 10th, 2019 - December 24th, 2019. Please check website listed above for additions and changes to the events listed below.

### Join us

- **Tuesday, September 10th at 1:00 pm** for an Informational Session and demonstration on the Amazing Benefits of Facials. This is a free event given by licensed esthetician, Maura Graml.

- **Wednesday, September 11th at 12:45 pm** the television movie produced in Canada "Diverted" will be shown in memory of September 11th. This movie is a fictional story based on the true life events of how on September 11th, 2001, 38 planes headed to



New York City were diverted to Gander, Newfoundland, Canada. A town of 9,000 took in 7,000 passengers for 4 days until American airspace reopened.

- **Tuesday, September 17th at 1:00 pm** we will be holding our 6th Annual Nonagenarian Celebration (90 and over.) If you or someone you know will be 90 or over by the end of 2019, please call to sign up to be honored at this celebration. All seniors, family members, and friends are welcome to attend and celebrate with us. Also those over 90 which have not already been added to our Wall of Honor will have a photograph taken at this event in addition we will have Pat Mitchell performing for this special event.
- **Wednesday, September 18th at 1:00 pm** we will have back by popular demand Banjo Man Tom Alvord strumming and singing to “the real oldies.”
- **Tuesday, September 24th at 12:45 pm** Newly Released Movie Comedy POMS
- **Wednesday, September 25th at 1:00 pm** we will be holding a Snack and Learn on Reverse Mortgages. Cindy Perham (NMLS #110424) from Atlantic Home Loans will be sponsoring this informational presentation: Might a Reverse Mortgage (Home Equity Conversion Mortgage) be for you?
- **Wednesday October 2nd at 1:00 pm** for performer Ashley Cruz.
- **Tuesday, October 8th at 1:00 pm** for our special 7th Annual Veteran’s Luncheon. Please RSVP to the Senior Center by September 30th if you are a veteran who wishes to join us for a free catered lunch. The luncheon is sponsored and prepared by Atria Crossroads Place.
- **Wednesday, October 9th at 1:00 pm** Jeffrey Engel presents “Chopin, Liszt, and Berlioz: Friends & Frenimeeze.”
- **Wednesday, October 16th at 1:00 pm** for Tea with Clara Barton presented by Sheryl Faye. Please call 860-434-4127 to register as space is limited.
- **Thursday, October 17th at 7:00 pm** Regional Senior Event Doo Wop, Dancing, and Drinks at Langley’s in Waterford, CT. Music by The Corvettes Doo Wop Revue dancing and Hors d’oeuvres and free non-alcoholic beverages. Tickets are \$20.00 per person. Tickets need to be purchased in advance. Please call 860-434-4127 to register.
- **Friday, October 18th at 1:00 pm** Care Partners of Connecticut will present Medicare Changes in 2020.
- **Saturday, October 19th from 8:00 am - 12:00 pm** the Old Lyme VNA will be holding a Health Fair and Flu Clinic here at the Senior Center. Residents of Lyme and Old Lyme 40 and over with proof of residency will receive a free flu shot. The health fair will also offer free blood pressure, vision testing, hearing testing, foot clinic, etc.
- **Tuesday, October 22nd at 1:00 pm.** Alex Place a Dual Citizen of France and the US will be here to present “France: The Culture, Language, and Foods.”
- **Wednesday, October 23rd from 10:00 am - 2:00 pm** we will be having a “Resource Fair for Seniors” Call for Details.
- **Tuesday, October 29th at 1:00 pm,** in celebration of German Heritage Month with a Musical German Heritage Program with John Banker.
- **Wednesday, October 30th at 1:00 pm** for a performance by Joe Mac who will perform 50’s, 60’s and 70’s Rock and Roll.
- **Thursday, October 31st at 11:30 pm,** Dress up for a special Halloween luncheon and party! Anyone dressed up receives a free lunch! Call for more details... lunch reservations need to be made in advance!
- **Tuesday, November 5th at 1:00 pm** for Entertainer and local resident Marcy Conway.
- **Wednesday, November 6th at 1:00 pm** for The New Horizons Band (an all Seniors Band.)

continued on page 28



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## Lyme Senior Center... continued from page 27

- **Tuesday, November 12th at 1:00 pm** for “18 Steps to Fall Proof your Home” presented by Care One Security.
- **Wednesday, November 13th at 1:00 pm** for “First Ladies: An Adventure in Glamour, Guts & Gumption” presented by Mariann Millard, a Licensed DC Guide leading tours in DC will use her personal anecdotes to enhance the First Lady experience.
- **Friday, November 15th from 1:00 - 5:00 pm** for an AARP Drive Safety Class which will be held from 1:00 - 5:00 pm. Call to sign up. Cost is \$15.00 for members / \$20.00 for non-members.
- **Friday, November 22nd at 12:00 pm** Thanksgiving Luncheon with Entertainment by Joe Mac who plays 50s, 60s and 70s Rock and Roll impersonator. (\$3.00) Sign up required by November 1st for the luncheon.
- **Tuesday, December 3rd at 12:45 pm** for Holiday Tree Trimming
- **Sunday, December 8th at 2:00 pm** for Old Lyme Town Band Holiday Concert. Everyone is Welcome!!
- **Tuesday, December 10th at 1:00 pm** for “Perky Pairing: A Coffee / Hot Chocolate & Chocolate Pairing” by Chocolatier Kim Larkin of Klasic Creations Gourmet. This will be a lecture and sampling.
- **Wednesday, December 11th at 1:00 pm** for a dance performance from the Lymes’ Senior Center Dancers!
- **Monday, December 16th from 12:45 pm - 3:00 pm** for Christmas Caroling to our Shut In’s.
- **Thursday, December 19th at 1:00 pm** for the LOL High School Select Singers’ (Show Choir’s) Holiday Performance.
- **Friday, December 20th at 12:00 pm** for our Holiday Luncheon & Holiday Show from Jerome Riley, an original member of the group The Platters (\$3.00 donation, pre-sign up needed.)
- **Tuesday, December 24th at 12:00 pm** for FREE Pizza Party and Movie. Sign up by December 20th required. We will be showing the movie “ELF”

## Lymes’ Senior Center Bargain Beauties Art Sale

Friday, September 27th from 10:00 am - 2:00 pm | Saturday, September 28th from 9:00 am - 12:00 pm

What a great place to get beautiful paintings, prints, cards, frames, & art supplies at a discount! Presented by the talented group... Shoreline Artists Workshop of Lymes’ Senior Center. \*A portion of the sale will benefit the Lymes’ Senior Center. Cash and checks are accepted.

## Kitchen Tour in Lyme & Old Lyme to Benefit Children



For most of us, the kitchen is the heart of our home. It’s where we prepare our meals, and often it’s where we enjoy them. From our morning coffee to a late-night cup of tea, whether breakfast on the go or a complete holiday meal, the kitchen is the source of sustenance for ourselves and our families, and it often reflects who we are and how we live.

The 2019 Lyme / Old Lyme Kitchen Tour offers an opportunity to view seven beautiful kitchens inside distinctive private homes in Lyme and Old Lyme, Connecticut. Each of these kitchens offers something special for the tourgoer; most notably, the former home of a renowned Impressionist artist whose hand-painted panels remain on the doors and cabinets of the kitchen. Several of the homes are more than two centuries old, whose kitchens have been updated for

modern living; another, an early twentieth-century caretaker’s cottage, boasts an architect-designed contemporary kitchen. Two of the kitchens on the tour are in homes that sit directly on Hamburg Cove in Lyme. Whether you are seeking ideas for your next kitchen remodeling project, or just have a fine appreciation for design and architectural beauty, there’s much to see on the Lyme / Old Lyme Kitchen Tour, including tablescapes created by local professional designers. And with the colors of autumn dotting the lower Connecticut River Valley, the Lyme / Old Lyme Kitchen Tour will provide a great excuse to spend the day in the country!

The Lyme / Old Lyme Kitchen Tour takes place one day only, on Saturday, October 5, 2019, from 10:00 am to 3:00 pm. Advance sale tickets may be purchased online until October 2nd at: [www.childandfamilyagency.org](http://www.childandfamilyagency.org) or by sending a check (made out to Child & Family Agency) to Lyme / Old Lyme Kitchen Tour, PO Box 324, Old Lyme, CT 06371. Include name and

email address for confirmation. (Note: tickets will not be mailed; advance-sale purchasers will pick up tickets and maps on October 5th at the Old Lyme Inn or Reynolds’ Subaru in Lyme, where same-day tickets will also be sold.)

For more information and ticket prices, email: [cfa.lolauxiliary@gmail.com](mailto:cfa.lolauxiliary@gmail.com). The Lyme/Old Lyme Kitchen Tour is a self-guided driving tour; please allow at least two hours to complete the tour. Please leave your pets at home.

Proceeds from the Lyme / Old Lyme Kitchen Tour will benefit the programs and capital projects of Child & Family Agency of Southeastern Connecticut, a private, nonprofit organization whose mission is to nurture children and families to develop their strengths through service, partnership, and advocacy. With offices in New London, Essex, and Groton, and a professional staff of 170, Child & Family Agency is the largest nonprofit children’s service provider in southeastern Connecticut.



59 Lyme Street, Old Lyme, CT 06371  
860-434-7208 | [www.lysb.org](http://www.lysb.org)

Register for all programs at: [www.lysb.org](http://www.lysb.org).

### COUNSELING SERVICES FOR YOUTH IN LYME/OLD LYME

LYSB provides support and therapy for youth and adolescents in a warm, welcoming, judgment-free zone. Our counselors help strengthen family functioning, and support children and families working through life's challenges, including stress, peer pressure, divorce, emotional and behavioral issues, anxiety, grief, substance abuse, depression, anger management, chronic illness or disabilities, trauma, and life transitions. Clients are charged fees on a sliding scale. All inquiries are confidential. Contact LYSB at: 860-434-7208.

### PLAYGROUPS AT LYMES' YOUTH SERVICE BUREAU

Starting the week of September 9th.

LYSB offers a variety of playgroups based on child's age and interest. For a full description of our groups visit our website at: [www.lysb.org](http://www.lysb.org).

### SIGN LANGUAGE FOR LITTLES

9:30 - 10:45 am, Ages 2 .5 and up.

Session I Sept. 9th - Oct. 7th - 5 weeks \$40.

Session II Oct. 21st - Nov. 18th - 5 weeks \$40.

Each week we will build a vocabulary of useful signs through songs, stories and activities. We will also touch upon the usefulness of signs for communicating across language barriers and accepting those with hearing difficulties. Register at: [www.lysb.org](http://www.lysb.org).

### BABIES GROUP

10:00 - 11:00 am, Ages newborn to age 1.

Free

### SENSORY PLAYGROUP

9:15 -10:15 am, Ages 1 and up.

Session I Sept. 3rd - Oct. 15th - 7 weeks \$56.

Session II Oct. 22nd - Dec. 10th - 7 weeks \$56.

Come explore fun (and sometimes messy) sensory play based on the theme of the week. Leave the mess to us, as your children explore their sensory world and interact with other children. We will also make time for a snack and free play. Register at: [www.lysb.org](http://www.lysb.org).

### MAKE IT & TAKE IT

10:45 -11:45 am, Ages 2.5 and up.

Session I Sept. 3rd - Oct. 15th - 7 weeks \$56.

Session II Oct. 22nd - Dec. 10th -7 weeks \$56.

Come create with us in this playgroup for 2.5-5 year olds. Children will learn how to create a themed project every week by designing, crafting, and expressing themselves through their work of art to bring home. Parents/Caregivers are encouraged to join in on the fun. Some projects are messy and may require some adult assistance. All materials will be provided. We will also make time for a snack and free play. Register at [www.lysb.org](http://www.lysb.org).

### MUSIC AND MOVEMENT

9:30 - 10:45 am, Ages 2 and up.

Sept. 4th - Oct. 16th - 7 weeks \$56.

This group is full of activity! We will sing, dance, play instruments, and get creative. There will also be time for free play and a fresh fruit snack. Register at: [www.lysb.org](http://www.lysb.org).

### CASTLES AND DRAGONS

9:30 - 10:45 am, Ages 2 and up.

Oct. 23rd - Dec. 11th - 7 weeks \$56.

We will spend our playgroup time enjoying the world of myth, legend, and history. Each session will have free play, story time, craft, and snack based on our castle and dragon topic for that week. Register at [www.lysb.org](http://www.lysb.org).

### BUG CLUB

9:30 - 10:45 am, Ages 2 and up.

Sept. 5th - Oct. 17th - 7 weeks \$56.

Welcome to the little friends who are curious about the little six legged critters. We will have free play, a bug story, a bug craft, a snack, and outdoor exploration for our little naturalists to find bugs. At the final session each child can create a personal field guide with pictures from the bugs we observe. Register at: [www.lysb.org](http://www.lysb.org).

### MUSIC AND MOVEMENT

9:30 - 10:45 am, Ages 2 and up.

Oct. 23rd - Dec. 11th - 7 weeks \$56.

This group is full of activity! We will sing, dance, play instruments, challenge coordination, practice following directions, and get creative. There will also be time for free play and a fresh fruit snack. Register at [www.lysb.org](http://www.lysb.org).

### BE YOUR OWN FASHION DESIGNER

1:30 - 2:30 pm, Ages 3 and up. \$5.

Thursday, November 14th.

Join us for this one day workshop of fun with fashion for 3ish-5 year olds. Spend time creating your own unique projects; tutus, hair clips, necklaces, and more! Parents/caregivers are encouraged to join in on the fun! All materials will be provided. Come ready to create and express yourselves! Register at [www.lysb.org](http://www.lysb.org).

continued on page 30



## Lymes' Youth Service Bureau... continued from page 29

### FUN WITH ONES

10 - 11 am, Ages 1ish.

Session I Sept. 6th - Oct. 4th 5 weeks \$40.

Session II Oct. 18th - Nov. 15th 5 weeks \$40.

This group will shake, rattle, and roll while children explore and play. Meet new friends and make new discoveries. Register at: [www.lysb.org](http://www.lysb.org).

### YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday, 7:00 - 8:00 pm.

Starting September 11th.

YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! Just show up, fun is guaranteed! Register at: [www.lysb.org](http://www.lysb.org).

### MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday 2:15 - 4:00 pm at LYSB.

First Day September 3rd.

Registration fee: \$50 / year.

This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Register online at [www.lysb.org](http://www.lysb.org).

### ELEMENTARY AFTER SCHOOL CLUB (Grades 2-5)

Every Wednesday, 3:30-5:30 pm.

Starting September 11th.

Fee: \$150 / year.

Come to the LYSB Etherington Activity Center to hang out with your friends and participate in a variety of fun activities. We'll do arts and crafts projects as well as play basketball, Wii, and much more! Snacks and refreshments are provided. Students from Mile Creek and Lyme Schools will take the bus directly to LYSB. To register online visit: [www.lysb.org](http://www.lysb.org).

### RUN LIKE A GIRL

Ages 8 and up.

Starting fall 2019, dates tba.

Fee: \$55 / girl.

A group running program for girls age 8 and up, training for a 5K finale! Starting fall 2019, dates tba. Meet at various locations in L / OL for a group run followed by half hour meeting. We will cover lessons such as: embracing differences; stretching; nutrition; dealing with injuries; "your look;" team spirit; stress relief; goals and plans. Pre-register at [www.lysb.org](http://www.lysb.org).

### SITTER SAFETY CLASS

Four Mondays: November 4, 11, 18, 25, from 2:15 - 4:00 pm.

Fee is \$50 and includes supplies, snacks, and guest speakers.

An intense sitter safety and training course appropriate for

babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Call LYSB to pre-register at: [www.lysb.org](http://www.lysb.org)

### CPR FOR BABYSITTERS

Monday, December 2, 2:15 - 3:45 pm.

Class cost is \$55 and awards a Certificate of Completion.

Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this class. Contact LYSB to pre-register at: [www.lysb.org](http://www.lysb.org)

### ENGINEERING AFTER SCHOOL with ENGINEERING IMAGINATIONS LLC

#### Aspiring Young Engineers!

For Ages 5-8:

September 19, 26, October 3, 10, 17, 27, 4:00 - 6:00 pm.

For Ages 9-14:

November 7, 14, 21, December 5, 12, 19, 4:00 - 6:00 pm.

Fee: \$120 / six week session.

Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum. Participants will use a variety of mediums such as recycled materials, salvaged motors and gears, balsa wood, LEGO®, and more. With activities ranging from bridges, to rockets, to green engineering, participants are sure to have a blast while learning fundamental engineering terms and concepts along the way! Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Register at: [www.lysb.org](http://www.lysb.org).

### SEWING WORKSHOPS!

#### Let's Get Sewing

Ages 8 and older.

October 1, 8, 15, 22, from 4:00 - 6:00 pm.

Fee: \$100.

Here's your chance to learn about machine and hand sewing while making a decorative pillow and colorful tote bag. You'll master patchwork and embroidery techniques as well as design and color combination. Make new friends and learn something new! Register at: [www.lysb.org](http://www.lysb.org).

#### Sew a Stuffed Animal

Ages 7 and older.

October 29, November 5, 12, 19, from 4:00 - 6:00 pm.

Fee: \$100.

Let's make animals! Design and hand stitch a cute and cuddly stuffed animal or two while learning to sew buttons, master

embroidery stitches and design techniques. Register at: [www.lysb.org](http://www.lysb.org).

#### MENTORING PROJECT

LYSB and the Lyme-Old Schools are looking for adult mentors to work with middle & elementary school students on a weekly basis in the school setting. If you are interested in making a difference in the life of a young person, please contact LYSB at: 860-434-7208 to learn more about the mentoring project.

#### HALLOWEEN PARTY & COSTUME PARADE

Thursday, October 31.

Party from 5:00 - 6:00 pm, Costume Parade at 6:15 pm.

LYSB hosts an annual Halloween Party for children ages 12 months through 2nd grade. This is a free, fun family event offering games, crafts, photo booth fun, face painting, and more. All "little goblins" must be accompanied by an adult. The traditional costume parade will leave the firehouse at 6:15 pm when all party participants can march down Lyme St. behind a fire truck!

#### LYSB HOLIDAY PARTIES

Sunday, December 8th, from 5:00 - 7:00 pm.

LYSB's annual fundraiser that brings neighbors together to celebrate the beginning of the holiday season while raising funds for our holiday giving program. 30 simultaneous parties throughout

Lyme and Old Lyme are now being planned and we want to make sure you get an invitation. If you are interested in hosting a party, or adding your name to the invite list, please contact us at: 860-434-7208 x 0.

#### LYME-OLD LYME PREVENTION COALITION


Meets on the 1st Tuesday of the month at 7:00 pm at LYSB. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

#### SURVIVORS OF SUICIDE LOSS SUPPORT GROUP OF SOUTHEASTERN CT

**Joining hands as we walk on this journey together towards healing one breath at a time.**

Meeting times: 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme, CT.


We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process.



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# Duck River Garden Club Welcomes Public to Fall Programs

Old Lyme's Duck River Garden Club welcomes residents and neighbors to enjoy our upcoming program and activities. These free programs in Old Lyme Memorial Town Hall, 52 Lyme Street, are open to the public. We welcome you to come get to know us, starting with 6:30 pm social in the foyer and 7:00 pm program in the meeting room, followed by business meeting for our members:

## September 24 | Donna Katsuranis COMPOSTING & SOIL HEALTH

Composting is one of those super-easy, 'no-brainer' things we can all do to reduce the impact of humans on the planet. This engaging talk will address the 'Whys' and 'Hows' and 'Do's and 'Don'ts' of Composting, and the benefits for your garden, your lawn, and the Earth. Come and learn just how simple it is to help Mother Nature do what she does - er - Naturally...

## October 22 | Margery Winters Roaring Brook Nature Center NATIVE PLANTS IN THE GARDEN

Native plants are not just another pretty addition to your garden. Discover the ecological benefits of our native plants and how we can recapture native habitats in our own gardens.

DRCG congratulates our 2019 scholarship recipient Nicholas

Nicholas Roth



Roth, above. A 2019 graduate of Lyme-Old Lyme High School, Nick is majoring in environmental engineering at University of Connecticut/Avery Point. He is the son of Mary and Robert Roth, Old Lyme.

Since 1980, DRGC has offered at least one scholarship per school year to deserving high school seniors who reside in Lyme and Old Lyme and major in horticulture, environmental sciences or related fields. Applications for the \$1500 scholarship will be available at LOL High School guidance office in January 2020.

See more about us at: [www.oldlymeduckrivergc.org](http://www.oldlymeduckrivergc.org), contact Fay Wilkman, DRGC president, 860-391-2622, [wilky286@msn.com](mailto:wilky286@msn.com).

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## Old Lyme Historical Society



55 Lyme Street  
Drawing by  
Edie Twining Design.

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

Our Lecture Series continues at 55 Lyme St. Admission is free, but donations are gratefully accepted. All proceeds support the Carol Noyes Winters Scholarship, awarded each year to a Lyme/Old Lyme student planning to study history in college.



**Thursday, September 26,  
7:00 pm**

### **ELLIS JEWETT: History of the Old Lyme Fire Department**

Since 1923, a crew of volunteers from many walks of life has worked to preserve lives and property in Old Lyme. Former Fire Chief Ellis Jewett is well placed to tell their story.

### OTHER UPCOMING EVENTS

**Thursday, October 3 from 4:00 - 6:00 pm**

Please join us at our Open House to celebrate the completion of the new lift, and help us say "thank you" to the many people who contributed to the project! The Archives will be open for tours, and light hors d'oeuvres and refreshments will be served.

**Also in October (date to be determined),** we will hold our annual Fall Plant Sale.

**Thursday, November 14 from 4:00 - 6:00 pm**

Get your 2020 "Then & Now" Community Calendar at the calendar launch. Light refreshments will be served.

Please check our website or follow us on Facebook for further details of these and other upcoming Historical Society events. Old Lyme Historical Society, Inc. 55 Lyme St., P.O. Box 352, Old Lyme, CT 06371 | 860-434-0684 | [www.olhsi.org](http://www.olhsi.org).

## Old Lyme Town Band

**COME HELP THE OLD LYME TOWN BAND CELEBRATE ITS 45TH YEAR!**

Be a player! Be part of the audience! Come hear a variety of music. The band, formed in the summer of 1975 by Michele Smith Dickey, welcomes musicians of all ages. There are no auditions.

Present members range from a French horn player who is 11 to several members in their 70s and 80s. Members come from all the area towns. You do not need to be a resident of Old Lyme to join. The band is often a family affair. We have couples, siblings, parents and their children.

In 2014 Carolyn Whinnem became director of the band and continues to conduct the group which meets on Monday evenings 7:00 - 9:00 pm at Christ the King Church.

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This past May the band held its biennial election. Christine Repasy of Essex, the new president, replaces Brian Girasoli who is now a member-at-large. Other officers are Barry Weiner, vice-president; Barbara Johnson, secretary; Richard Benoit, treasurer; Jim Alsante, scheduler; Ann Lander, librarian; Suzanne Haskell, assistant librarian; Philip Waselik, webmaster and publicity; Julie Gargano, Don Wilcox and Tony DaRos, additional members- at-large.

The band plays several holiday concerts, a couple of spring concerts and several summer concerts at venues in the area. At the present time, the Old Lyme Town Band is scheduling its holiday concert season.

We can announce that we will be playing at the Lymes' Senior Center on Sunday, December 8 at 2:00 pm and Wednesday, December 11 at the Katherine Hepburn Cultural Arts Center in Old Saybrook. The band is available for additional concerts. Further information is available at: Oldlymetownband.com or call 860-434-2671.



## goPINK Celebrates 10th Anniversary of Supporting People with Cancer

You can support cancer patients this fall during the 10th anniversary of goPINK. Donations help cover the costs of integrative medicine therapy for all cancer survivors served by Middlesex Health Cancer Center, including those with breast cancer.

Integrative medicine complements conventional cancer treatment. It focuses on the whole person - mind, body and spirit, and can help many patients find relief from pain, neuropathy and other cancer-related symptoms. Patients who are cared for by Middlesex Health Cancer Center in Middletown and Westbrook can choose from acupuncture, reflexology, massage therapy and more.

The local community has donated more than \$215,000 to goPINK since 2010, which has helped more than 1,200 cancer patients receive free integrative medicine therapy. To learn more about the month of activities visit [gopinkproject.com](http://gopinkproject.com).

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## Fall at the Florence Griswold Museum



The Museum presents a timely and thought-provoking new exhibition, “Nothing More American:” Immigration, Sanctuary, and Community-An Exhibition by Matthew Leifheit, on view September 28, 2019 through May 31, 2020. In the summer of 2018 Brooklyn-based photographer Matthew Leifheit provided photography for an article in The New Yorker about a Pakistani family who sought refuge from deportation between May and October 2018 in the First Congregational Church of Old Lyme. “Nothing More

American” uses these photos as a starting point to consider the intersection between the fraught topic of immigration and the history of the Old Lyme church as an icon in American art. Once a symbol of New England colonists’ pious ambition to establish a new society, the “meetinghouse” merged religion, government, and community into a powerful civic ideal that prevailed for two centuries. Leifheit’s photos evoke what it was like for the family during their months inside the church, creating images of their living spaces, the art they made while there, and the people from the congregation who helped them. Leifheit’s photos of the church’s neoclassical spaces and architectural details encourage us to approach it with reverence as a sanctuary, as well as with a sense of history.



Leifheit - Matthew Leifheit, Malik Naveed bin Rehman, Zahida Altaf, and daughter Roniya in sanctuary at the First Congregational Church, Old Lyme, 2018.

“As depicted by Leifheit, the Old Lyme meetinghouse is both ark and prison, sheltering and confining a family hoping to partake in the American dream,” notes Curator Amy Kurtz Lansing. “Nothing More American’ is sure to spark conversation and debate and we will make every effort to present the topic and its themes with sensitivity to all viewpoints.” In order to provide an outlet for varying perspectives to be shared, the Museum will provide a talkback wall where visitors can respond to some of the central questions posed in the exhibition. “We do not expect to create consensus,” says Kurtz Lansing, “but we willingly embrace the challenge of creating

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Wee Faerie Village - SUPERTOPIA Wee Faerie Superheroes' Headquarters and Hideaways from September 28 to October 27.

a space for a positive and productive discussion of the issues raised by the exhibition.”

The Museum’s annual Wee Faerie Village event is a favorite for all ages. This year’s theme is SUPERTOPIA: Wee Faerie Superheroes’ Headquarters and Hideaways. It’s a bird! It’s a plane. No, it’s Super-Faerie! Flying high and heading home to the special place where he and his fellow superfaeries live. From September 28 to October 27 explore the Museum’s 12 acres, filled with nearly three-dozen faerie-scaled creations inspired by the hideouts and lairs of well-known superheroes. With fall foliage for a backdrop, this outdoor event has become a favorite for adults and kids as they marvel over the creativity of your dedicated artists.

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# Lyme Art Association

On view through September 20

## FRESH EXPRESSIONS: Late Summer Painting and Sculpture.

This juried member show celebrates portraits, landscapes, still life paintings and sculpture. Opening reception was Friday, August 16. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme; 860-434-7802; [lymeartassociation.org](http://lymeartassociation.org).



Left to right: Joseph Miklojck - Cheep Accomodations 52x38 oil and Liz McGee - The Grapevine 14x18 watercolor.

## On View September 27 - November 15, 2019 NEW ENGLAND LANDSCAPE

Lyme Art Association member artists and select invited artists will be exhibited in this annual exhibition of landscape paintings from around New England. Opening reception on Friday, October 4, from 5:00 - 7:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme; 860-434-7802; [lymeartassociation.org](http://lymeartassociation.org).

## Thursday, October 17

### PALATE TO PALETTE

Lyme Art Association's signature fundraising gala Palate to Palette features sumptuous fine food from top regional restaurants and caterers, a wine and beer bar in the gallery, and a silent auction of new artworks and art experiences. All proceeds benefit Lyme Art Association exhibitions and special projects. Thursday, October 17, 6:00 - 9:00 pm. For tickets and more information, visit: [www.LymeArtAssociation.org](http://www.LymeArtAssociation.org) or call: 860-434-7802.

## On View from November 22 - January 3

### DECK THE WALLS 2019

The Lyme Art Association's annual member show and sale featuring more than 200 works of art in all themes, sizes and mediums, well priced for holiday gift giving. Opening Reception on Friday, December 6, 5:00 - 7:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme; 860-434-7802; [lymeartassociation.org](http://lymeartassociation.org).



# 2019 SEASON

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# The Different Styles of Vermouth

There are two different styles of Vermouth. One is red or rosso (also known as Sweet Vermouth) while the other wine is white or bianco (also known as Dry Vermouth.)

Sweet vermouth, invented by Antonio Benedetto Carpano in 1786, is a fortified white wine with grape neutral spirit with herbs and spices. One of the key herbs in Vermouth is wormwood, which is actually where the name Vermouth was derived from. Wormwood was used for medical purpose, including as a digestive.

Dry vermouth was first produced by Joesph Noilly. This wine is made from aged white wine and mixed with fermented fortified grape juice and neutral alcohol. Although these fortified wines were originally used for ailments, they are most noted to be used for drink and cooking recipes while they both average between 16% and 18% in alcohol.

Over the years some of the vermouths are made with a concentrate of blended botanicals and spices to keep them more consistent.

It is also pasteurized, filtered, and stabilized. Sweet vermouth is a bit sweeter than it was originally made. However, you can buy one called Punt e Mes from Italy which has less sweetness and more aromatics and bitterness.

Sweet vermouths are most noted to be used in a Manhattan and other cooking recipes such as chicken cacciatore. One of the uses for dry vermouth is to enhance some flavors in fish dishes.

With gin, you can make the traditional Martini. Also popular are vodka martinis made with vodka and dry vermouth, factoring the higher quality bourbons, whiskeys, gins and vodkas that are now being produced these days. Recently, the market has been open to higher end or supreme vermouths to enjoy and make the perfect cocktail. The newer popular ones are Carpano (Antica Formula) sweet vermouth, and Dolan dry or Sweet Vermouth. Try one of these higher end vermouths and make yourself a superb cocktail.

Art LiPuma, Manager, SeaSide Wine & Spirits



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# Roger Tory Peterson Estuary Center



90 Halls Road, Old Lyme, CT 06371 | 860-598-4218 | [www.ctaudubon.org/rtpec](http://www.ctaudubon.org/rtpec)

*The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.*

## ESTUARY EXPLORATIONS

Join us in our third year of Estuary Explorations! Follow CAS conservation biologist Jim Arrigoni once a month and explore various natural areas in southeastern Connecticut with special ecological features.

Friday, September 13, 9:00 am - Noon  
at Chatfield Hollow, Killingworth

Saturday, October 12, 9:00 am - Noon  
at Oswegatchie Hills Preserve, East Lyme

Saturday, November 2, 9:00 am - Noon  
at Mt. Pisgah, Durham

## ON-THE WATER ACTIVITIES

### Guided Estuary Paddle

Tuesday, September 17, 6:00 pm, Various Locations  
Explore some of southeastern Connecticut's most scenic waterways by boat! Enjoy birds, wildlife and sunsets on the water. Each participant must bring their own kayak/canoe and PFD. Sunscreen, bug spray and binoculars are encouraged. Open to ages 16 and up.

## Creek Critters Citizen Science

Saturday, September 14, 9:00 am, Jewett Preserve, Lyme  
Make a splash! Learn how to collect and identify stream invertebrates with our teacher-naturalists and use your findings to determine stream and water health. Learn how you and your family can contribute to conservation research, while having hands-on outdoor fun and meet like-minded citizen scientists! Dress to get wet and wear water-tolerant footwear. Appropriate for ages 6 and up. Children must be accompanied by an adult.

## FAMILY PROGRAMS

### Turkey Walk

Saturday, November 30, 9:00 am, Jewett Preserve, Lyme  
Join our yearly post-Thanksgiving walk as we discuss turkeys, Thanksgiving, and more! This relaxed hour walk will be perfect to enjoy the fall foliage and family time!

### Wreath-Making

December 14, 10:00 am, RTP Estuary Center, Old Lyme



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Enjoy the season and learn how to create a wreath using natural materials! We will also learn about wintering birds, seeds, and more. Have a chance to try your hand at making bird seed ornaments and feeders! All ages welcome!

All programs require pre-registration. We also host a variety of nature hikes, bird walks, citizen science opportunities and more throughout southeastern Connecticut. For more information be sure to visit our website at [www.ctaudubon.org/rtpec](http://www.ctaudubon.org/rtpec) or stop by and visit us Monday-Friday at 90 Halls Road between Walgreens and Big Y.

## Rogers Lake Authority News

The water quality of Rogers Lake remains the best of many lakes in the area. Thank you to everyone for your efforts in making this happen. Continue to be careful with the application of fertilizers and please don't feed the geese and other wildlife.

“Do Not Feed the Waterfowl!” The Connecticut Department of Energy and Environmental Protection indicates waterfowl are wild birds that can locate natural food sources throughout the year. Supplemental feeding by people is unnecessary and can lead to malnutrition and disease transmission.

Reminder that the horsepower limit on Rogers Lake is 135 HP. Connecticut Boating Regulations require that no person shall operate a motorboat at a speed in excess of Slow-No-Wake within 100 feet of shore, a dock or other vessel. Personal watercraft (Jet Ski) is required to stay 200 feet from shore, a dock or other vessel. Infractions will be reported to DEEP.

**continued on page 42**

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## Rogers Lake... continued from page 41

The Rogers Lake Authority asks for your assistance in reporting unsafe activity occurring on Rogers Lake any-time of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority - : [www.oldlyme-ct.gov/rogers-lake-authority](http://www.oldlyme-ct.gov/rogers-lake-authority). Click on "Report Boating Violation." For situations that require immediate action dial 911. Thank you for your assistance.

Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

## Conservation Commission

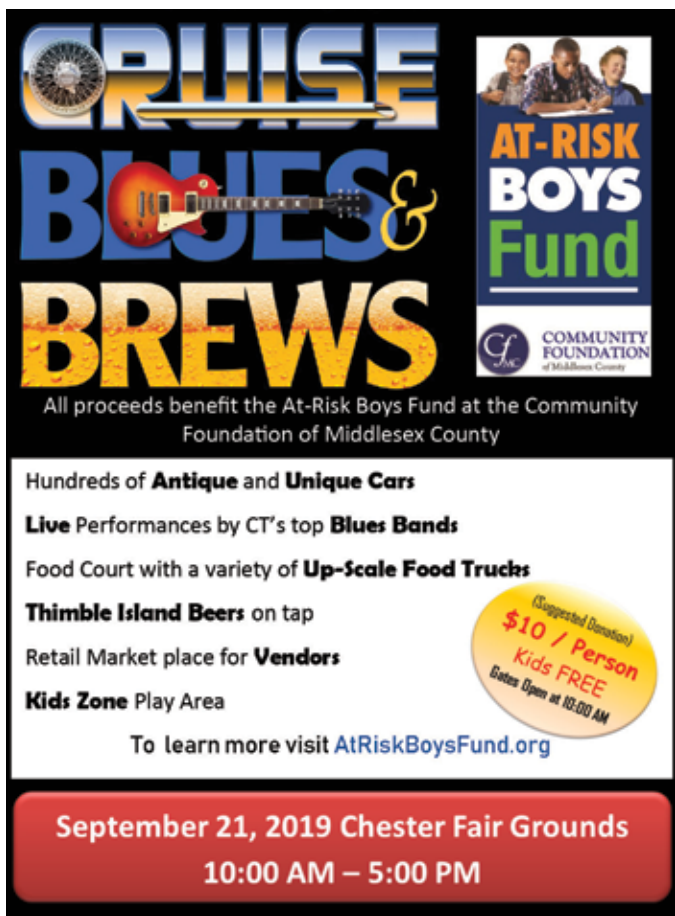
Old Lyme's recycling efforts are among steps Old Lyme's Sustainable Committee took towards achieving Sustainable CT certification. "What's In / What's Out" labels for green recycling bins serve as a reminder of proper curbside recycling. SustainableCT is a statewide program that provides a framework of actions for towns to create a more sustainable community.

An interactive display at Old Lyme's Mid-Summer Festival by Madison Krol and Kylie Dishaw of Girl Scout Troop 63121 challenged visitors to identify appropriate proper curbside recycling materials.

When Sustainable CT began just 2 years ago, 22 towns were certified, and two towns, Middletown and Old Saybrook, achieved Bronze level. This year, First Selectwoman Bonnie Reemseynder and SustainableCT committee members are aiming for Bronze certification, completing one action from 8 different categories ranging from arts & culture to housing.

One focus of the program calls for starting the conversation about creating more inclusive communities. It's a required action that towns must complete to earn certification and Old Lyme is taking the opportunity to evaluate housing needs, especially with a growing senior population.

SustainableCT aims to create thriving, resilient, collaborative, and forward-looking communities and provides tools and resources to help. SustainableCT will be rolling out a crowdfunding grant program soon, where anyone in a registered town can get a dollar-for-dollar matched grant for their sustainable initiatives. For more information, check out [sustainablect.org](http://sustainablect.org).



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To learn more visit [AtRiskBoysFund.org](http://AtRiskBoysFund.org)

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COMMUNITY FOUNDATION of Middlesex County

(Suggested Donation)  
**\$10 / Person**  
Kids **FREE**  
 Gates Open at 10:00 AM

**September 21, 2019 Chester Fair Grounds**  
**10:00 AM – 5:00 PM**

# A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be **empty, rinsed, clean** and **open**. Do **not** shred, box, bag or bundle. To learn more, go to [RecycleCT.com](http://RecycleCT.com)



## What's IN?



## What's OUT?

### PAPER

- Cardboard & boxboard
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes

### GLASS

- Beverage bottles & jars
- Food bottles & jars

### METAL

- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

### PLASTIC

- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Take-out food containers
- Tissue paper

- Ceramic mugs & plates
- Drinking glasses

- Aerosol containers (deodorizers, cleaners, pesticides, etc.)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters



© 2017 RecycleCT Foundation





# Jackie Robinson: An Ongoing Legacy of Impact and Achievement

by Sigrid Kun



Rendering of future Jackie Robinson Museum. Courtesy Gensler/Ralph Appelbaum Associates/Mopix Studios.

Jackie Robinson's legacy is stronger than ever. It's not just every April 15th when each Major League Baseball team celebrates Jackie Robinson Day. Through the Jackie Robinson Foundation (JRF) he and his family continue to impact lives and improve the communities in which we live.

## BREAKING BARRIERS

Born on January 31, 1919 in Cairo, Georgia, Robinson grew up in Pasadena, CA. He later attended UCLA where he became the only student to letter in four varsity sports in the same year. He was drafted into the U.S. Army in 1942 and became second lieutenant. In 1944, while riding a bus back to Camp (now Fort) Hood, he was court martialed for refusing to move to the back of the bus. This ultimately led to his honorable discharge that same year.

It was around the same time that the Brooklyn Dodgers found it important to integrate Major League Baseball. Robinson signed a contract with the Dodgers in 1945 and began his baseball career with the Montreal Royals. On April 15, 1947, the color barrier was broken. Robinson became the first African American to play Major League Baseball, playing first base for the Dodgers. He carried himself with honor and grace despite facing opposition from crowds and teammates as well as threats to himself and his family. Named Rookie of the Year in 1947, his 10-year MLB career was outstanding - including being named MVP in 1949 and a World Series win in 1955. He was inducted into the Baseball Hall of Fame in 1962.

## ADVANCING EQUALITY AND CIVIL RIGHTS

Robinson transformed more than baseball. He and his wife, Rachel, became increasingly involved in the civil rights movement in the 1950s and 1960s. It was during this time (mid-1950s) that the family home in Stamford, CT was purchased - not without adversity. "Our parents faced housing discrimination during their search for a home," recalls Jackie Robinson's daughter, Sharon, who serves as Vice Chair of the JRF Board of Directors. "Andrea Simon, a prominent resident, heard of our difficulties and intervened." As Sharon and her brothers integrated into the neighborhood and schools, they faced various levels of racism. The home offered privacy, freedom, friendship, and sports.

And there were the wonderful jazz concerts. "Our family hosted our first 'Afternoon of Jazz' on our Stamford property in June of 1963," relates Sharon. "Dad was a fundraiser for the Civil Rights Movement." Robinson was also working with Dr. Martin Luther King Jr to raise money to rebuild black churches that had been bombed. The first concert was a fundraiser for Southern Christian Leadership Conference and came on the heels of Dr. King's efforts in Birmingham, Alabama.



Family portrait left to right: Sharon Robinson, Mom Rachel and David Robinson. Courtesy Jackie Robinson Foundation.

The concert was managed by a massive volunteer force of family and friends. Musicians (like Dizzy Gillespie) volunteered their time and talents. "My brother, David and I - along with our friends - sold hot dogs and sodas. Dad and Jackie Jr. parked cars. Mom was the directress with her hands in all aspects of the concert," recalls Sharon. The second concert was shortly after the Robinson family returned from the March on Washington. "Dr. King came and spoke to the crowd. It was one of the most amazing days of our young lives." The Afternoon of Jazz became a regular fundraiser for the Civil Rights Movement during Jackie Robinson's life. After he passed in 1972, the tradition continued with proceeds to support JRF.

## A LEGACY OF IMPACT AND ACHIEVEMENT

Rachel founded JRF in 1973. JRF not only honors the memory of Jackie Robinson and his heroic achievements but also provides college and graduate student scholarships and leadership development opportunities for students of color with strong capabilities but limited financial resources. It is a two-pronged approach with four-year grants and hands-on, comprehensive support.

This year, JRF is commemorating the 100th birthday of Jackie Robinson with a year-long series of events to benefit not only the organization's programs but also the future Jackie Robinson Museum. The culminating event will be the opening of the Jackie Robinson Museum in New York City in December of 2019. "It has been our family's dream to have a physical space where my father's legacy and the values and ideals by which he lived could inspire others," says Sharon. "We are excited to shine a light on my father's life, while raising funds to continue to positively impact the lives of others."

"My parents taught me the importance of loving your world," adds Sharon - an accomplished nurse-midwife, professor, author and educational consultant within the Commissioner of Baseball's Office. "We have a favorite Jackie Robinson quote: *'A life is not important except for the impact on other's lives.'*"

Photo of Jackie Robinson/Getty Images.





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